

If your doctor recommends therapy, remember YOU have a choice in selecting your rehabilitation professional. The therapy professionals at Salem Physical Therapy and Rehabilitation are happy to evaluate you to determine if you would benefit from our services.

## Our Locations

Salem Physical Therapy and Rehabilitation provides services and consultation to all residents of Salem, Gloucester and Cumberland Counties in New Jersey.

If you would like more information, please contact us or stop by one of our convenient locations:

### The Memorial Hospital of Salem County

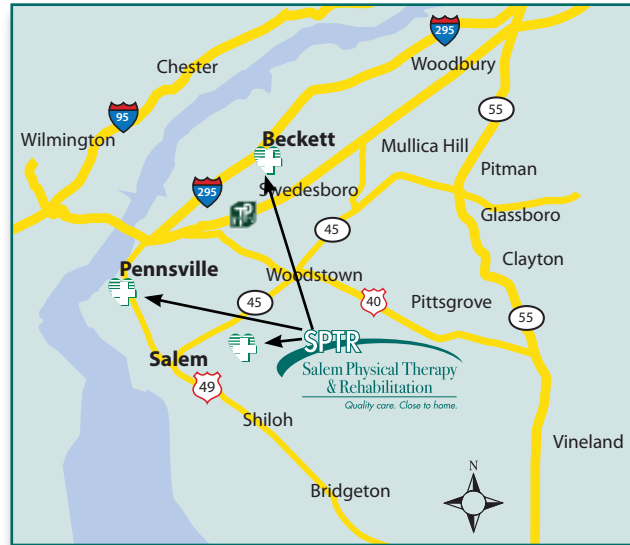
310 Woodstown Road  
Salem, NJ 08079  
856-339-6025

### The Health Center at Beckett

499 Beckett Road, Suite 100  
Logan, NJ 08085  
856-467-6205  
(Just off exit 10/Center Square Road exit of Rt. 295. Right at second light.)

### Pennsville Office

212 N. Broadway  
Pennsville, NJ 08070  
856-678-6133



The Memorial Hospital of Salem County is a Primary Stroke Center, as designated by the New Jersey Department of Health and Senior Services.

## SPTR Salem Physical Therapy & Rehabilitation

*Quality care. Close to home.*

310 Woodstown Road  
Salem, NJ 08079  
856-339-6025  
[www.mhschealth.com](http://www.mhschealth.com)

*A Department of The Memorial Hospital of Salem County*

## SALEM PHYSICAL THERAPY AND REHABILITATION



## SPTR Salem Physical Therapy & Rehabilitation

*Quality care. Close to home.*



## How Physical Therapy and Rehabilitation Can Help You

Physical therapy can help relieve the symptoms and pain associated with joint replacements, injuries, stroke and many other conditions that may impair abilities. The goal is to maximize functional abilities, restore independence and return patients to normal activity as safely and quickly as possible.

At Salem Physical Therapy and Rehabilitation, we offer a comprehensive approach to your rehabilitation needs. While a patient with us, you will be given individual, one-on-one attention by our experienced therapy staff.

### Our Services

We specialize in the treatment and rehabilitation of:

- Joint replacement
- Orthopedic and sports injuries (such as muscle, ligament, tendon and joint injury and reconstruction)
- Arthritis/degenerative joint disease/ rheumatic conditions/fibromyalgia
- Back/neck pain
- Neurological conditions (stroke, multiple sclerosis, Parkinson's Disease)
- Vestibular, balance, gait training, fall prevention
- Lymphedema therapy (Certified Lymphedema Therapist)
- Spinal surgery
- Pediatrics
- Shoulder/hand injuries
- Post-surgical recovery
- Work-related injuries
- McKenzie Certified Therapists on staff
- Speech therapy

### Treatment Process

At the first visit, a licensed physical therapist will perform a patient evaluation. Assessments of pain, ability and function will be conducted for all affected areas. Every patient is unique; therefore, each treatment program is tailored to fit individual needs and abilities identified during the evaluation.

#### A Course of Treatment May Consist of:

- Strengthening and stretching exercises
- Exercise and weight training equipment
- Gait training and functional mobility
- Manual therapy
- Modalities for pain relief

### Our Approach

Our programs are designed around you. Your needs. Your recovery. At your pace.

#### Our program can help provide you with:

- Confidence to return to daily activities
- Education for living a healthier lifestyle
- Motivation and encouragement
- Progress along the road to recovery

